

FACT SHEET: Cleaning Bathrooms

There is a 70% chance of back injury from cleaning bathrooms

Research shows there is a 70% chance of lower back injury from cleaning bathrooms.

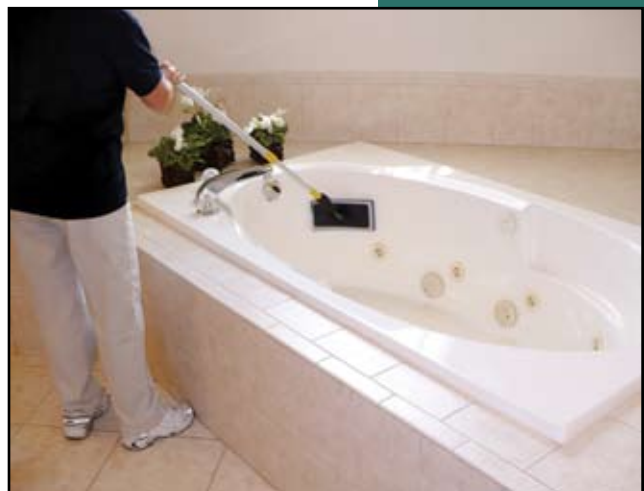
Why? According to the study, "housekeepers take awkward positions to reach across the bathtub to replace bath articles and clean hard-to-reach areas in tight places."



Hotel housekeepers face a 71% higher risk of injury compared to all hotel workers

Changing the linens on thicker, heavier mattresses and cleaning luxury jacuzzis puts more physical demands on a housekeeper.

Additionally, it has been noted in a recent study that housekeepers, rushing to clean their quota of rooms, slip on wet bathtub ledges while trying to scrub hard-to-reach tiles. **



MULTIFLEX™ PAD HOLDER reduces injury risk

- Lessens slip-and-fall risk due to overreaching.
- Bendable, flexible, swivel head measures 4.75" x 10", reaching into small, hard-to-reach areas. Little to no pressure needed to activate contour function.
- No metal elements assure safe usage on all surfaces and equipment
- Pad holder available with micro-fiber or no-scratch scrub pad for all cleaning needs.



* *Application of the Lumbar Motion Monitor Model in Hotel Housekeeping: a study by the Biodynamics Laboratory, Department of Integrated Systems Engineering, Ohio State University.*

** *Barriers to Occupational Health Services for Low Wage Workers in California; A Report to the Commission of Health and Safety and Workers' Compensation, California Department of Industrial Relations, April 2006.*



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